

# Processing Tool

## Newly Diagnosed

Anchor Phrase: I'm Part of the Story

[www.thenegativespace.life](http://www.thenegativespace.life)

With all of the focus on your loved one, it may feel hard to believe that you truly are part of the story. Take time with this important truth by tracing and then writing it below.

I'm part of the story.

I'm part of the story.

I'm part of the story.

Blank handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line, repeated for multiple rows.